

7th Annual

MIDDLETOWN
COUNTRY BUMPKIN 
CHALLENGE

5K Run/Walk

Sunday, October 18, 2009 at 11:00am

ABOUT THE COURSE:

The race will start at the Fair Acres Facility on Old Forge Road and Rt. 352 in Delaware County, PA. It will continue on paved roads through the Middletown countryside. This wheel-measured course is hilly, er. . .bumpy, but fun! The race will be professionally timed, roads will be closed to traffic, all turns will be manned, and a water station will be located halfway through the course. T-shirts will be provided for the first 100 registrants. Post-race refreshments will be available.

DIRECTIONS TO FAIR ACRES:

Fair Acres is located at 340 N. Middletown Rd. (Rt. 352) in Lima, PA. The facility is approximately 1/2 mile north of the Granite Run Mall. Parking is available inside the facility beyond the gate house.

AWARDS:

Cash awards for the top 3 Males and Females. Prizes for top Male & Female in Age Groups 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-Up.

COMPETITION FEES:

Adult Pre-Registration: \$15

Student Pre-Registration (ages 10-22): \$12 ~ With Student ID- if over 18.

Group Rate Pre-Registration (min. 10 people): \$10 per person

Pre-Registration cut off date is Wednesday, October 14.

All participants (10 and older): \$20 after cut off date. KIDS UNDER 10 FREE!!!

REGISTRATION OPTIONS:

- 1) **Pre-Registration by Mail:** Mail or fax completed form & check, made payable to Middletown Township Park & Recreation Department. Credit card payments will also be accepted until Wednesday, October 14. Race packets with race number, t-shirt, and information will be available for pickup beginning on Thursday, October after 12:00 noon at the Township Building, or beginning at 10am on race day.
- 2) **Day of Race:** Bring registration form and cash or check to the race site between **10:00am-10:45am. CASH OR CHECK ONLY ON RACE DAY!!**

OVER

MIDDLETOWN
COUNTRY BUMPKIN 
CHALLENGE

Sunday, October 18, 2009 at 11:00am

5K Run/Walk Registration Form

NAME: _____

AGE: _____ SEX: M _____ F _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (H) _____ (W) _____

EMAIL: _____

TOTAL ENCLOSED: \$ _____

CREDIT CARD#: _____ 3-DIGIT NUMBER ON BACK _____

CREDIT CARD TYPE (VISA OR MASTERCARD ONLY) _____ EXP. _____

SHIRT SIZE: Adult S M L XL

WHICH RACE?: 5K RUN _____ 5K WALK _____

REGISTERING AS A GROUP WITH _____

WAIVER: IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, I HEREBY WAIVE AND RELEASE ALL MY RIGHTS AND CLAIMS FOR DAMAGES THAT I MAY HAVE AGAINST MIDDLETOWN TOWNSHIP, FAIR ACRES COUNTY FACILITY, CHESTER COUNTY RUNNING STORE, ITS OFFICIALS, SPONSORS, AND VOLUNTEERS. I HEREBY CERTIFY THAT I HAVE PROPERLY TRAINED FOR THIS EVENT AND HAVE BEEN MEDICALLY CERTIFIED TO BE ABLE TO PARTICIPATE IN THIS EVENT.

SIGNATURE _____ DATE _____

PARENT'S SIGNATURE (IF UNDER 18) _____

Send completed form and check or credit card information to:
Middletown Township Parks & Recreation
27 N. Pennell Road
P.O. Box 157
Lima, PA 19037

