

# HCI

# HEALTHY COMMUNITIES INITIATIVE

"Taking Care of Each Other"



*Dedicated to changing and saving the lives of our young people!*

## **HCI Partners In Excellence™ Mentoring Program** **In Partnership with RTMSD and the Rocky Run YMCA**

***Be a piece of the P.I.E.™ Give youth a piece of the P.I.E.™***

### **Partners In Excellence!™(P.I.E.™)**



#### The HCI Story:

Healthy Communities Initiative (HCI), a not-for-profit organization, was created nine years ago in partnership with Rose Tree Media School District, Riddle Memorial Hospital, The Rocky Run YMCA, and others, to help address the high risk-taking behaviors occurring among our youth. The principles that guide HCI are the 40 Developmental Assets,™ identified by the Search Institute of Minneapolis, Minn.

According to Executive Director Dana Riker Jackson, "We chose Search Institute's 40 Developmental Assets as our framework because they are the most researched and proven protective factors to truly make a difference in our young people's behavior and choices." The more of these assets young people possess, the less risk-taking behavior."

#### Needs:

The Search Institute's Research from Minnesota reveals that:

- The MOST important developmental asset to affect positive behavior, reduce risk-taking among our youth, and close the student achievement gap is ASSET #3, "Other Adult Relationships."
- In a recent survey taken by students in grades 8-12 in the Rose Tree Media School District, only 46% of our youth perceive they have other adult relationships, and 20 million students in our country do not have other adult relationships. Perhaps these are the same 20 million youth in our country that also only possess 1-20 of the 40 Developmental Assets, leaving them vulnerable to risk-taking behaviors, instead of thriving ones that lead to success in our society and community.



## How Can You Help? Become a P.I.E.™ Mentor!

### Purpose of Mentoring:

To give our youth the opportunity to build a positive adult relationship outside the family with someone who sees their strengths, develops their potential and believes in who they are

### Mentoring Vision:

We are a work and school-based mentoring program that introduces 8<sup>th</sup> grade students to small businesses/organizations in their community where they are paired with employee mentors, starting their freshman year of High School, for an average of 2 hours a month throughout 4 years until they graduate, to obtain hands-on experience in the workplace and learn life skills.



### What Mentoring will accomplish for our community:

- Give students hands-on experience in the workplace
- Help them develop life skills such as confidence, teamwork, communication, goal setting, time management and interpersonal skills
- Help them to identify and maximize their strengths
- Expose them to careers and technical skills, to set them up for success



### Why become a Mentor?

- To have an opportunity to make a difference in a student's life by improving their educational and career opportunities
- To help prepare future workers and leaders who will be operating and running your businesses
- To develop leaders within your own organization
- To establish positive Adult/Youth relationships that will last a lifetime
- To raise awareness of your business/organization

Additional activities that will build intergenerational relationships in our community include...

- An Entrepreneurial Symposium where students and parents will hear business success stories
- Sports and Cultural Events
- Workshops, Field Trips and Tours for students and Mentors to businesses and organizations in the Greater Philadelphia and Delaware County area
- An annual Community Service Project, with students and Mentors working together for a worthy cause



More detailed information on the **HCI Partners In Excellence™ Mentoring Program**, as well as other program offerings, is available by contacting the HCI office or visiting the website:

14 S. Jackson St., Suite 202 Media, PA 19063  
484-442-8532

[www.HCIcares.org](http://www.HCIcares.org)

The program is funded by state grants, private and business donations and fundraisers. Funds received are distributed into the P.I.E.™ Scholarship Fund for students or used to pay operational expenses.

**Partners In Excellence™, P.I.E.™ Mentoring Program ©**  
**Copyright 2008 - 2010 by Healthy Communities Initiative, Inc.**  
**All rights reserved.**